

COMMUNITY FUN RUN

*a run * for fun * for everyone*

CenterPlace @ Mirabeau Park
2426 N. Discovery Place
Spokane Valley

- This is a virtually flat, out-and-back 5k course.
- Beginning at the Centennial Trail near CenterPlace, the course proceeds toward Sullivan Rd. along the Spokane River and back.
- Children under 5 are free.

Saturday April 21, 2012 9:00 am
Check-in begins at 8:15 am

For more information
Call Darci at 279-9242

Sponsored by: Washington Parks Department



Mail Registration Form and Check to: Arc of Spokane 320 E. Second Ave. Spokane, WA 99202

REGISTRATION FORM

Each participant will need a registration form filled out with liability waiver signed

Please check appropriate box:

INDIVIDUAL

- INDIVIDUAL REGISTRATION (\$14.00)
- CHILD UNDER 5 YEARS OLD (FREE)

TEAM (Max. number of members per team: 10)

- TEAM CAPTAIN \$50.00 (includes shirt)
- TEAM MEMBER WITH SHIRT (\$7.00)
- TEAM MEMBER WITHOUT SHIRT (FREE)

TEAM NAME: _____

FIRST NAME _____ MI ____ LAST NAME _____

ADDRESS _____

CITY _____ ST _____ ZIP _____ PHONE _____

T-SHIRT SIZE (CIRCLE ONE) S M L XL XXL EMAIL _____

T-Shirts included in the cost of registration for individuals and team captains only. Team members wanting a t-shirt will need to pay \$7.00

AGE _____ GENDER ____ M ____ F

T-shirts may not be available to those who register after April 6, 2012

- INDIVIDUAL REGISTRATION FEE: \$14.00
 - TEAM CAPTAIN REGISTRATION FEE: \$50.00
 - TEAM MEMBER T-SHIRT FEE: \$7.00
- TOTAL ENCLOSED \$ _____**

WAIVER: I know that participating in this walk/run is potentially hazardous. I should not enter unless I am medically able and properly trained. I also assume any and all risks associated with this event including but not limited to falls, contact with other participants, the effects of weather, including high heat and/or humidity, snow, ice, rain, or freezing temperatures, and the condition of the roads and traffic, all such risks being known and understood by me.

Having read this waiver, and knowing these facts, and in consideration of your accepting my entry, I hereby, for myself, my heirs, executors, administrators, or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Washington Parks Department, The Arc of Spokane, race director(s), race volunteers, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of participation in this event.

I give The Arc of Spokane permission to use any photos of me taken at the event for promotional purposes.

I have read the above statement, I understand it, and my signature confirms its full acceptance.

Signature _____ Date _____

Parent/guardian signature _____ Date _____